

Welcome!

It's Great 2B Me Personality & Strengths Assessment Course

Ready to understand you? Our program is uniquely designed to deliver not only strengths (based on Tim Roth's Strengths Finders), but uses these strengths in addition to a Myers Brigg's personality assessment. Our program is designed to give you life coaching through your results to better understand yourself, and help you direct yourself with career enlightenment, relationship building, and an overall understanding of what makes you, you!

Pre-Program Application

Name: _____ Date: _____

Address: _____

Contact Number: _____ Alternative: _____

Date of Birth: _____ Age: _____ E-mail: _____

Do you wish to receive e-mail communications? Y or N

Imagine you are looking at yourself in a mirror—describe the person you see. What do you like / dislike?

How would your friends describe you?

What aspects of your friend's description of yourself do you agree with? What parts do you disagree with?

What qualities are most important to you in yourself? (List at least 5 in order, 1 being most important)

What qualities are most important to you in a friend, partner, or spouse? (List at least 5, 1 being most important)

Friend	Partner / Spouse

Are you currently working? Y / N

If yes, What do you like about your job?

What do you dislike about your job?

When you were younger (5-10 y.o) what did you want to be? _____

If there were no limitations, what would you choose as your career?

In the space below, please tell me about the people in your life who love and support you, and their relationship to you:

On a scale of 1-10 (10 being the best) how would you rate your current awareness of your strengths and talents? _____

If you could *be* anyone, who would it be and why? _____

What are you hoping this program will give you?